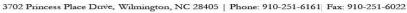


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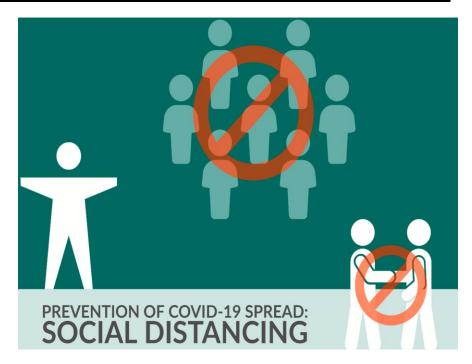
Adrian Pearson, Principal





#NHCSReadySetReturnSchool Opening 2020-2021

BUILDING SOCIAL DISTANCING FEATURES/EXPECTATIONS



How to Safely Wear and Take Off a Cloth Face Covering

WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2





USE THE FACE COVERING TO PROTECT OTHERS

- Wear a face covering to protect others in case you're infected but don't have symptoms
- Keep the covering on your face the entire time you're in public $% \left(1\right) =\left(1\right) \left(1\right) \left$
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



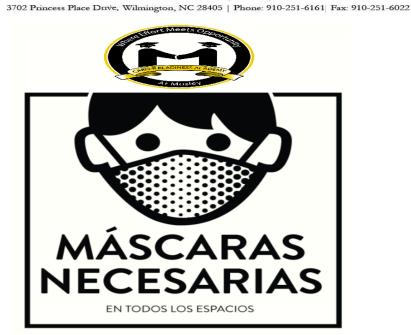




Career Readiness Academy

Adrian Pearson, Principal









o vómitos, cansancio, dolor de cabeza y poco apetito



Career Readiness Academy

Adrian Pearson, Principal 3702 Princess Place Drive, Wilmington, NC 28405 | Phone: 910-251-6161 | Fax: 910-251-6022



If you leave home, know your 3 Ws!







@NCDHHS

#StayStrongNC







