



# Career Readiness Academy

Adrian Pearson, Principal

3702 Princess Place Drive, Wilmington, NC 28405 | Phone: 910-251-6161 | Fax: 910-251-6022



## #NHCSReadySetReturn School Opening 2020-2021

### BUILDING SOCIAL DISTANCING FEATURES/EXPECTATIONS



### How to Safely Wear and Take Off a Cloth Face Covering

#### WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2





#### USE THE FACE COVERING TO PROTECT OTHERS

- Wear a face covering to protect others in case you're infected but don't have symptoms
- Keep the covering on your face the entire time you're in public
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

#### FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available





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## ¿NO TE SIENTES BIEN?

### QUÉDATE EN CASA SI ESTÁS ENFERMO

Díselo a tu mamá, papá o cuidador antes de ir a la escuela. Díselo a tu maestro o a un adulto si te enfermas mientras estás en la escuela



tos



Dificultad o problema  
para respirar



escalofríos



dolor de garganta



pérdida del gusto  
o del olfato



dolor muscular

### OTROS SÍNTOMAS INCLUYEN:

fiebre, moqueo, diarrea, náuseas  
o vómitos, cansancio, dolor de cabeza  
y poco apetito



BE FUTURE  
READY

ACADEMY OF FINANCE



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## If you leave home, know your 3 Ws!

		
<b>WEAR</b>	<b>WAIT</b>	<b>WASH</b>
a cloth mask over your nose and mouth.	6 feet apart. Avoid close contact.	your hands or use hand sanitizer.

@NCDHHS #StayStrongNC

